


# CONFIDENTIALITY POLICY PAGE

How We Protect Your Emotional Privacy

At **Unspoken Circle**, we understand that sharing emotions requires courage and trust.

We are committed to providing a safe, respectful, and confidential space where you can express your thoughts and feelings freely — without fear of judgment, exposure, or misuse of your personal information.

Your emotional privacy is our highest priority 

## What Confidentiality Means Here

All information shared during:

- Venting sessions
- 1:1 clarity sessions
- Anonymous vent submissions

...is treated as strictly confidential.

We do not disclose, share, or distribute your personal or emotional information to any third party.

## What We Protect

We safeguard:

- Your identity
- Personal stories
- Emotional disclosures
- Contact details (if shared)
- Session conversations

Your experiences remain private within this safe space.

## Session Privacy

- Sessions are **never recorded**
- No audio, video, or chat logs are stored for public or commercial use
- Notes, if taken for session continuity, remain private and secure

## Anonymous Venting Protection

If you submit vents anonymously:

- No identity tracking is required
- You may choose to remain completely unidentified
- Responses are optional and consent-based

## Legal & Ethical Exceptions

Confidentiality may be ethically or legally limited only if:

- There is a clear risk of harm to yourself
- There is a threat to harm others
- Abuse of a minor or vulnerable person is disclosed
- Required by law enforcement under legal mandate

In such cases, we may encourage or guide you toward crisis or professional intervention services for safety.

## Platform Scope Reminder

We provide emotional listening support — not psychiatric or medical services.

Therefore, clinical records, diagnoses, or treatment histories are not created or stored.

## Data Protection

Any personal details shared voluntarily are:

- Stored securely
- Used only for communication or booking purposes
- Never sold or shared for marketing

## Our Promise

We honor:

- Emotional safety
- Respectful listening
- Non-judgment
- Confidentiality integrity

Because being heard should feel safe — always.